

Speiseplan Mensa Steinfurt

vom 14.04. bis 19.04.2025

| | monday | tuesday | wednesday | thursday | friday | saturday | |
|----------------|---|---|---|---|--------|----------|--|
| Speisenangebot | Pumpkin falafel Bulgur (AWE) with oats tandoori dip (AHA, AWE,HMA,J) 2,85 € 4,30 € Chicken escalope cordon bleu (2,3,AWE,G) with pepper sauce Croquettes 3,65 € 5,50 € Sweet cut-up pancakes with raisins Vienna style (AWE,C,G) with vanilla sauce (G) apple sauce (3) 3,10 € 4,65 € | Pork goulash with beer from the Ameker straw pig Hof May (AGE,G,J) Potato dumplings 3,90 € 5,85 € Spicy potatoes with rocket (4) with soy and herbs dip (F,J) 2,30 € 3,45 € Fried pork neck steak (4,I,J) with salsa (1, with salsa (1, with salsa) 2,AWE,F) Potato wedges (AWE) 3,40 € 5,10 € | Turkey with curry honey sauce (AWE,F,G) Rice 3,65 € 5,50 € Nasi Goreng with soy stripes (AWE,F) 2,45 € 3,70 € Burger with vegetable potato patty (2,3,9,A,AGE,ARO,AWE,C,G,J) French fries 4,70 € 7,05 € | Canelloni with ricotta spinach filling (AWE,C,G) with tomato sauce Side salad 2,45 € 3,70 € Pork strips Zurich style with mushrooms (G,N) Tagliatelle with vegetables and lemon sauce (1,AWE,C,G,I) 2,60 € 3,90 € | | | |
| Beilagen | Bulgur (AWE) Croquettes Colorful vegetable mix | Mixed vegetables Potato dumplings | Rice Peas | Spätzle ^(AWE,C) Broccoli | | | |

Additional offers: salad and dessert buffet in self-service, grill station with changing menu (subject to change)
Information on prices, additives, allergens and pictograms can be found in our leaflets or at www.stw-muenster.de (subject to change)



Legend for the menu

Additives

- 1 with colorant
- 2 with preservative
- 3 with antioxidants
- 4 with flavor enhancer
- 5 sulphured
- 6 blackened
- 7 waxed
- 8 with phosphate
- 9 with sweetener
- 10 contains a source of phenylalanine
- 15 contains quinine
- 16 contains caffeine

Allergens

- A contains gluten-containing cereals*
- ADI contains spelt*
- AGE contains barley*
- AHA contains oats*
- AKA contains kamut*
- ARO contains rye*
- AWE contains wheat*
- B contains crustaceans*
- C contains egg*
- D contains fish*
- E contains peanut*
- F contains soy*
- G contains milk*
- H contains shell fruits*
- HMA contains almonds*
- HHA contains hazelnuts*
- HWA contains walnuts*
- HCA contains cashews*
- HPE contains pecan nuts*
 HPA contains brazil nuts*
- THE CONTRACTOR DIGINAL
- HPI contains pistachios*
- HQU contains macadamia nuts*
- I contains celery*
- J contains mustard*
- K contains sesame*
- L contains lupine*
- M contains molluscs*
- N contains sulfur dioxide
 - and sulphites

Symbols



with poultry



with beef



with pork



with fish



vegetarian



vegan



with alcohol

Please notice

Regarding the ingredients of our dishes, we have to rely on the information from our suppliers. Manufacturers mostly produce multiple different products, which is why we cannot guarantee that our dishes contain no trace elements at all.

Furthermore, it is possible that the components get mixed up while we process them, which could cause smallest amounts of allergenic substances in various dishes.

For this reason, allergy sufferers need to consider that our offered dishes possibly could contain more allergenic substances than labelled.





Our dairy products come from local dairy farmer Große Kintrup



We offer regional potatoes from Münsterland Knolle

^{*}or products thereof