

Speiseplan Mensa Steinfurt

vom 07.04. bis 12.04.2025

wednesday thursday friday saturday monday tuesday Cash payments will no Info longer be possible in our cafeterias and bistros from March 10th. Hack Bällchen (A,AWE,C,J) Speisenangebot Thai mango curry Chili Cheese Burger Whole wheat pasta Vegan bratwurst with (2,9,C,G,I,J) and french (AWE) with vegetable curry sauce (J) Reis mit Zaziki (G) Basmati rice and bärlauch with fries grated hard cheese (C,G) 71-2,85 € | 4,30 € 2,85 € | 4,30 € 3,90 € | 5,85 € 4,70 € | 7,05 € rice vegetable pan (AWE) with vegan dip (AHA) Vegetable lasagna (AWE,C,G,I) Bratwurst from the 2,60 € | 3,90 € Breaded plaice fillet region from the (AWE) with Ameker straw pig Hof Chickpea stew (3,4) with Remoulade (2,9,AWE,C,G,J) half a roll (AWE) May (4) with curry 3,90 € | 5,85 € 2,45 € | 3,70 € and Fried potatoes sauce (J) Pork escalope from Cured pork neck roast 2,60 € | 3,90 € the region from the from the region from 3,90 € | 5,85 € Ameker straw pig "Hof 2,60 € | 3,90 € the Ameker straw pig Cured pork neck roast May" with with cream Lentil stew (1,I,J) from the region from Hof May (J) Breaded plaice fillet cream sauce Duchess (AWE) with the Ameker straw pig Cabbage with cream (1,AWE,G) Braised potatoes (G) Remoulade (2,9,AWE,C,G,J) Hof May (J) 2,05 € | 3,10 € and Fried potatoes potatoes 4,70 € | 7,05 € Hackbälchen (AWE,C) 3,40 € | 5,10 € mit Pfefferrahmsauce 5,50 € | 8,25 € Lasagna Bolognese -3,90 € | 5,85 € (G) Kartoffeln We process fresh beef Broccoli and nuts patty only from animal (AWE,C,HHA) Fried welfare (1,AWE,C,G,I) 3,90 € | 5,85 € potatoes 71 4,70 € | 7,05 € 3,40 € | 5,10 €



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State of the Manusco						
	monday	tuesday	wednesday	thursday	friday	saturday
Beilagen	Mixed vegetables ^(I) Rice with tomato ***	Mixed vegetables (1) Basmati rice Duchess potatoes (G)	Noodles (AWE) French fries Fried potatoes Romanesco	Mashed potatoes (G) Cabbage with cream (1,2,AWE,G)	Mixed vegetables (1) French fries Fried potatoes	
Desserts	Vegan mango passion fruit yogurt ^(AHA)	Red fruit jelly with vanilla sauce (G)	Red fruit jelly with vanilla sauce (G)	Red fruit jelly with vanilla sauce ^(G)	Pudding vanilla flavored with chocolate shavings (F,G)	



Legend for the menu

Additives

- 1 with colorant
- 2 with preservative
- 3 with antioxidants
- 4 with flavor enhancer
- 5 sulphured
- 6 blackened
- 7 waxed
- 8 with phosphate
- 9 with sweetener
- 10 contains a source of phenylalanine
- 15 contains quinine
- 16 contains caffeine

Allergens

- A contains gluten-containing cereals*
- ADI contains spelt*
- AGE contains barley*
- AHA contains oats*
- AKA contains kamut*
- ARO contains rye*
- AWE contains wheat*
- B contains crustaceans*
- C contains egg*
- D contains fish*
- E contains peanut*
- F contains soy*
- G contains milk*
- H contains shell fruits*
- HMA contains almonds*
- HHA contains hazelnuts*
- HWA contains walnuts*
- HCA contains cashews*
- HPE contains pecan nuts*
 HPA contains brazil nuts*
- THE CONTRACTOR DIGINAL
- HPI contains pistachios*
- HQU contains macadamia nuts*
- I contains celery*
- J contains mustard*
- K contains sesame*
- L contains lupine*
- M contains molluscs*
- N contains sulfur dioxide
 - and sulphites

Symbols



with poultry



with beef



with pork



with fish



vegetarian



vegan



with alcohol

Please notice

Regarding the ingredients of our dishes, we have to rely on the information from our suppliers. Manufacturers mostly produce multiple different products, which is why we cannot guarantee that our dishes contain no trace elements at all.

Furthermore, it is possible that the components get mixed up while we process them, which could cause smallest amounts of allergenic substances in various dishes.

For this reason, allergy sufferers need to consider that our offered dishes possibly could contain more allergenic substances than labelled.





Our dairy products come from local dairy farmer Große Kintrup



We offer regional potatoes from Münsterland Knolle

^{*}or products thereof