



Studierendenwerk Münster

Speiseplan Mensa am Aasee

vom 29.04. bis 04.05.2024

monday

tuesday

wednesday

thursday

friday

saturday

Info. .

Closed

Additional offers: salad and dessert buffet in self-service, grill station with changing menu (subject to change)
Information on prices, additives, allergens and pictograms can be found in our leaflets or at www.stw-muenster.de (subject to change)

	monday	tuesday	wednesday	thursday	friday	saturday	
Speisenangebot	<p>Smoked sausage ^(1,2,3)   1,65 € 2,50 €</p> <p>Chicken breast ^(AWE)  Potatoes with rosemary with mustard sauce ^(G,J,N)   3,40 € 5,10 €</p> <p>Pearl barley risotto ^(1,AGE) Grated hard cheese ^(C,G)  2,05 € 3,10 €</p> <p>Tortellini filled with vegeta- bles ^(A,AWE,I) with tomato soy sauce ^(AWE,F)  2,45 € 3,70 €</p> <p>Lentil stew ^(1,I,J)  1,65 € 2,50 €</p>	<p>Smoked sausage ^(1,2,3)   1,65 € 2,50 €</p> <p>Cauliflower cheese patty ^(A,AWE,C,G) with chives sauce</p> <p>^(F) Parisian potatoes ⁽¹⁾  2,85 € 4,30 €</p> <p>Bratwurst  Mashed potatoes ^(1,G) with gravy ^(I)  3,40 € 5,10 €</p> <p>with vegan yoghurt dip ^(AHA,HMA)  2,85 € 4,30 €</p>		<p>Smoked sausage ^(1,2,3)   1,65 € 2,50 €</p> <p>Chili sin carne ^(F) with vegan dip ^(AHA) Wholegrain rice ⁽¹⁾  2,85 € 4,30 €</p> <p>Penne ^(AWE) with gorgonzola sauce ^(G) spinach topping  2,30 € 3,45 €</p> <p>Zurch pork steaks ^(1,G)   Duchess potatoes ^(G)  3,90 € 5,85 €</p>	<p>Smoked sausage ^(1,2,3)  1,65 € 2,50 €</p> <p>Red lentil curry ^(vegan) with yoghurt mint dip ^(G) ^(1,G) Flat- bread ^(AWE)  2,30 € 3,45 €</p> <p>Kibbeling  with rocket dip ^(2,AWE,C,G,J) Parisian potatoes ⁽¹⁾  3,65 € 5,50 €</p>		
Beilagen	<p>Peas and corn ⁽¹⁾  Side salad with oil and vinegar dressing ^(I) or yoghurt dressing ^(G) </p>	<p>Mixed vegetables ⁽¹⁾  Iceberg lettuce with oil and vinegar dressing ^(I) with yoghurt dressing ^(G) </p>		<p>Bush beans ⁽¹⁾  Side salad with oil and vinegar dressing ^(I) with yoghurt dressing ^(G) </p>	<p>Mixed vegetables ⁽¹⁾ </p>		
Vegan	<p>Vegan bratwurst  2,30 € 3,45 €</p>	<p>Vegan bratwurst  2,30 € 3,45 €</p>		<p>Vegan bratwurst  2,30 € 3,45 €</p>	<p>Vegan bratwurst  2,30 € 3,45 €</p>		
Bratwurst	<p>Bratwurst ^(4,F,G,I,J)     1,65 € 2,50 €</p>	<p>Bratwurst ^(4,F,G,I,J)     1,65 € 2,50 €</p>		<p>Bratwurst ^(4,F,G,I,J)     1,65 € 2,50 €</p>	<p>Bratwurst ^(4,F,G,I,J)     1,65 € 2,50 €</p>		

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Additives	Allergens	Symbols
1 with colorant	A contains gluten-containing cereals*	 with poultry
2 with preservative	ADI contains spelt*	 with beef
3 with antioxidants	AGE contains barley*	 with pork
4 with flavor enhancer	AHA contains oats*	 with fish
5 sulphured	AKA contains kamut*	 vegetarian
6 blackened	ARO contains rye*	 vegan
7 waxed	AWE contains wheat*	 with alcohol
8 with phosphate	B contains crustaceans*	
9 with sweetener	C contains egg*	
10 contains a source of phenylalanine	D contains fish*	
15 contains quinine	E contains peanut*	
16 contains caffeine	F contains soy*	
	G contains milk*	
	H contains shell fruits*	
	HMA contains almonds*	
	HHA contains hazelnuts*	
	HWA contains walnuts*	
	HCA contains cashews*	
	HPE contains pecan nuts*	
	HPA contains brazil nuts*	
	HPI contains pistachios*	
	HQU contains macadamia nuts*	
	I contains celery*	
	J contains mustard*	
	K contains sesame*	
	L contains lupine*	
	M contains molluscs*	
	N contains sulfur dioxide and sulphites	
	*or products thereof	

Please notice

Regarding the ingredients of our dishes, we have to rely on the information from our suppliers. Manufacturers mostly produce multiple different products, which is why we cannot guarantee that our dishes contain no trace elements at all.

Furthermore, it is possible that the components get mixed up while we process them, which could cause smallest amounts of allergenic substances in various dishes.

For this reason, allergy sufferers need to consider that our offered dishes possibly could contain more allergenic substances than labelled.



We use iodized table salt



Our dairy products come from local dairy farmer Große Kintrup



We offer regional potatoes from Münsterland Knolle